




ROCKFORD SCHOOL

	Tuesday	Thursday	Friday
	<p>5 CHICKEN NUGGETS BBQ SAUCE VEG BEANS BABY CARROTS PEARS SLICED COMM 1%<i>milk</i> NONFAT CHOC</p>	<p>6 PULLED PORK SANDWICH BBQ SAUCE OVEN BAKED FRIES CATSUP PKT PEACHES DICED LT COLE SLAW 1%<i>milk</i> NONFAT CHOC</p>	<p>7 MINI CORNDOG GREEN BEANS COMM APRICOTS BABY CARROTS MUSTARD CATSUP PKT YOGURT 1%<i>milk</i> NONFAT CHOC</p>
11	<p>12 CRISPITO. TACO SAUCE PINTO BEANS;PINTO AS VEG ORANGE JUICE CAULIFLOWER,FRESH,RAW RANCHDIP LEMON DINO GRAHAMS 1%<i>milk</i> NONFAT CHOC</p>	<p>13 CHICKEN & GRAVY MASHED POTATOES CUCUMBER,RAW,PEELED RANCHDIP STRAWBERRIES FROZEN CUP WHOLE WHEAT ROLL YOGURT 1%<i>milk</i> NONFAT CHOC</p>	<p>14 SPAGHETTI AND MEAT SAUCE GREEN BEANS COMM PEACHES DICED LT FRESH BROCCOLI RANCHDIP WHOLE WHEAT ROLL 1%<i>milk</i> NONFAT CHOC</p>
18	<p>19 ORANGE CHICKEN&RICE STIR FRY VEGES FRESH BROCCOLI RANCHDIP PEACH CUP FROZEN GOLD FISH CINN GRAHAMS 1%<i>milk</i> NONFAT CHOC</p>	<p>20 HAMBURGER MAYONNAISE PKT LETTUCE SHREDDED PEARS DICED OVEN BAKED FRIES CATSUP 2 PKTS 1%<i>milk</i> NONFAT CHOC</p>	<p>21 TACO CRUNCHY SALSA TORTILLA CHIPS APPLE SAUCE 1%<i>milk</i> NONFAT CHOC</p>
25	<p>26 CHICKEN NUGGETS RANCH MACARONI SALAD BROCCOLI,FRESH,RAW RANCHDIP CARROTS LOW SALT PEARS DICED 1%<i>milk</i> NONFAT CHOC</p>	<p>27 CORN DOG VEG BEANS BABY CARROTS STRAWBERRIES FROZEN CUP MUSTARD CATSUP PKT 1%<i>milk</i> NONFAT CHOC</p>	<p>28 TURKEY AND GRAVY MASHED POTATOES GREEN BEANS COMM PEACHES DICED LT WHOLE WHEAT ROLL BEAR GRAHAMS 1%<i>milk</i> NONFAT CHOC</p>
			<p>22 BEEF & BEAN BURRITO ELMO PINTO BEANS;PINTO AS VEG MIXED FRUIT BABY CARROTS 1%<i>milk</i> NONFAT CHOC</p>
			<p>29 CHICKEN SANDWICH LETTUCE SHREDDED MAYONNAISE PKT GARDEN SALAD TOMATO CHERRY RANCH MIXED FRUIT 1%<i>milk</i> NONFAT CHOC</p>

This institution is an equal opportunity provider.

MENU MAY CHANGE WITHOUT NOTICE



EAT FRUIT AND VEGETABLES EVERY

