



ROCKFORD SCHOOL

Monday

Tuesday

Wednesday

Thursday

Friday

		10	<p>CORN DOG MUSTARD CATSUP PKT VEG BEANS PEACHES DICED LT BABY CARROTS 1%<i>milk</i> NONFAT CHOC</p>	11	<p>BEEF & BEAN BURRITO ELMO TACO SAUCE CORN FRESH BROCCOLI RANCHDIP MIXED FRUIT 1%<i>milk</i> NONFAT CHOC</p>				
14	<p>CHICKEN PATTY SANDWICH;2 LETTUCE SHREDDED MAYONNAISE PKT VEG BEANS PEARS DICED 1%<i>milk</i> NONFAT CHOC</p>	15	<p>MINI CORNDOG OVEN BAKED FRIES CATSUP 2 PKTS MUSTARD APPLE SAUCE BABY CARROTS 1%<i>milk</i> NONFAT CHOC</p>	16	<p>SMART PIZZA GARDEN SALAD RANCH TOMATO CHERRY YOGURT PEACHES DICED LT 1%<i>milk</i> NONFAT CHOC</p>	17	<p>TACO CRUNCHY SALSA TORTILLA CHIPS PEARS DICED 1%<i>milk</i> NONFAT CHOC</p>	18	<p>CRISPITO. TACO SAUCE MIXED FRUIT CARROTS LOW SALT FRESH BROCCOLI RANCHDIP 1%<i>milk</i> NONFAT CHOC</p>
21	<p>PANCAKE ON A STICK SYRUP MRS BUTTER WORTH SWEET POTATOES;2016 CUCUMBER,RAW,PEELED RANCHDIP PEARS DICED 1%<i>milk</i> NONFAT CHOC</p>	22	<p>CHICKEN NUGGETS RANCH MACARONI SALAD BBQ SAUCE FRESH BROCCOLI RANCHDIP VEG BEANS APPLE SAUCE 1%<i>milk</i> NONFAT CHOC</p>	23	<p>CHICKEN & GRAVY MASHED POTATOES WHOLE WHEAT ROLL STRAWBERRIES FROZEN CUP BABY CARROTS BEAR GRAHAMS 1%<i>milk</i> NONFAT CHOC</p>	24	<p>SPAGHETTI AND MEAT SAUCE GARDEN SALAD RANCH TOMATO CHERRY PEACHES DICED LT WHOLE WHEAT ROLL 1%<i>milk</i> NONFAT CHOC</p>	25	<p>DELI TURKEY SANDWICH LETTUCE SHREDDED MAYONNAISE PKT GREEN BEANS COMM MIXED FRUIT 1%<i>milk</i> NONFAT CHOC</p>
28	<p>TOTALLY TACO TACO SAUCE PINTO BEANS;PINTO AS VEG PEARS SLICED COMM CAULIFLOWER,FRESH,RAW RANCHDIP YOGURT 1%<i>milk</i> NONFAT CHOC</p>	29	<p>HAMBURGER LETTUCE SHREDDED MAYONNAISE PKT OVEN BAKED FRIES CATSUP 2 PKTS PEACHES DICED LT 1%<i>milk</i> NONFAT CHOC</p>	30	<p>CHIK'N Os RANCH MACARONI SALAD BBQ SAUCE GREEN BEANS COMM APPLE SAUCE BABY CARROTS 1%<i>milk</i> NONFAT CHOC</p>	31	<p>SLOPPY JOE GARDEN SALAD TOMATO CHERRY RANCH PEARS SLICED COMM CHEESE SLICE MAYONNAISE PKT 1%<i>milk</i> NONFAT CHOC</p>	1	<p>TWISTED CHICKEN ALFREDO CARROTS LOW SALT FRESH BROCCOLI MIXED FRUIT GOLD FISH CINN GRAHAMS 1%<i>milk</i> NONFAT CHOC</p>

MENU MAY CHANGE WITHOUT NOTICE

This institution is an equal opportunity provider.

EAT FRUIT AND VEGETABLES EVERY DAY